

Craft Supplies and Directions
Virtual Camp Meeting, 11–12-year-old group/Juniors

Beeswax candles

Please, note: When using beeswax be sure to wear hand protection. It is a hotter wax.

These supplies are stocked at Walmart online:

<https://www.walmart.com/search/?query=candle%20making%20supplies&typeahead=candle%20making>

Supplies needed:

Double-sided sticker

Wick on metal tab

Small tin container with lid

Enough white beeswax pellets to fill tin container

<https://canada.michaels.com/en/search?q=beeswax%20pellets>

Essential oil of choice (Evergreen oils such as spruce improve breathing)

Directions:

1. Get your candle tin ready by putting a double-sided sticker on the bottom and then attaching the metal tab on the end of the wick to the sticker in the container.
2. Melt beeswax in a glass or metal container in a hot water bath or in a steamer.
3. Add essential oil of choice.
4. Pour wax into container.
5. Trim wick after wax has cooled and hardened.

Plantain Balm

Supplies needed:

Small metal container possibly with a screw-on lid or the same type as used for the candle above.

Beeswax pellets to fill $\frac{3}{4}$ of the container

<https://canada.michaels.com/en/search?q=beeswax%20pellets>

Shea butter to fill $\frac{1}{4}$ of the container

<https://canada.michaels.com/en/search?q=Shea%20butter>

<https://www.walmart.com/search/?query=raw%20shea%20butter&typeahead=shea%20butter>

Plantain essential oil: (\$5.50)

https://www.botanicplanet.ca/index.php?route=product/product&product_id=4559

Directions:

1. Get your balm tin ready by making sure that it is clean.
2. Melt beeswax in a glass or metal container in a hot water bath or in a steamer.
3. Add shea butter and allow it to mix with the beeswax.
4. Add essential oil of choice – Plantain, lavender, lemon, citrus.
5. Pour wax and shea butter mixture into container.
6. Let mixture cool before using.